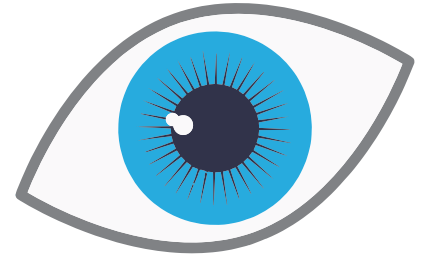


Did you know that you forget to **BLINK**
when using **ELECTRONICS**?

PRACTICAL EYE CARE FOR THE DIGITAL AGE



TAKE
FREQUENT
BREAKS

REMEMBER 20/20/20

EVERY **20** MINUTES
LOOK **20** FEET AWAY
FOR **20** SECONDS



- TRY ARTIFICIAL TEARS
- BLOCK DIGITAL BLUE LIGHT
- SEE YOUR EYE DOCTOR!

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